

Feelings Words List

AFFECTIONATE

compassionate, friendly, loving, open hearted, sympathetic, tender, warm

ENGAGED

absorbed, alert, curious, engrossed, enchanted, entranced, fascinated, interested, intrigued, involved, spellbound, stimulated,

HOPEFUL

expectant, encouraged, optimistic

CONFIDENT

empowered, open, proud, safe, secure

EXCITED

amazed, animated, ardent, aroused, astonished, dazzled, eager, energetic, enthusiastic, giddy, invigorated, lively, passionate, surprised, vibrant

GRATEFUL

appreciative, moved, thankful, touched

INSPIRED

amazed, awed, wonder

JOYFUL

amused, delighted, glad, happy, jubilant, pleased, tickled

EXHILARATED

blissful, ecstatic, elated, enthralled, exuberant, radiant, rapturous, thrilled

PEACEFUL

Calm, clear, clear headed, comfortable, centered, content, equanimity, fulfilled, mellow, quiet, relaxed, relieved, satisfied, serene, still, tranquil, trusting

REFRESHED

Enlivened, rejuvenated, renewed, rested, restored, revived

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AFRAID

apprehensive, dread, foreboding, frightened, mistrustful, panicked, petrified, scared, suspicious, terrified, wary, worried

ALARMED

disturbed, startled, surprised, unnerved, upset, startled, shocked, rattled

ANGRY

enraged, furious, incensed, indignant, irate, livid, outraged, resentful,

ANNOYED

aggravated, dismayed, disgruntled, displeased, exasperated, frustrated, impatient, irritated, irked, aggrieved

AVERSION

animosity, appalled, contempt, disgusted, dislike, hate, horrified, hostile, repulsed

CONFUSED

ambivalent, baffled, bewildered, dazed, hesitant, lost, mystified, perplexed, puzzled, torn

DISCONNECTED

Alienated, aloof, apathetic, bored, cold, detached, distant, distracted, indifferent, numb, removed, uninterested, withdrawn

DISQUIET

Agitated, disconcerted, discombobulated, perturbed, restless, unsettled,

EMBARRASSED

self-conscious, ashamed, flustered, guilty, mortified, chagrined, shamed, remorseful,

FATIGUED

beat, weary, worn out, depleted, lethargic, listless, sleepy, tired, burnt-out, exhausted,

ISOLATED

secluded, insulated, alone, solitary, quarantined

PAIN

lonely, hurt, regretful, miserable, anguished, bereft, devastated, grieved, agony, heavy hearted, heartbroken,

SAD

down, discouraged, melancholy, unhappy, depressed, dejected, despairing, despondent, disheartened, forlorn, gloomy, heavy, hopeless, wretched

TENSE

edgy, fidgety, frazzled, distressed, distraught, irritable, jittery, nervous, anxious, restless, stressed, overwhelmed, cranky,

VULNERABLE

fragile, insecure, helpless, cautious, guarded, cagey, leery, reserved, shy, sensitive, shaky,

YEARNING

longing, nostalgic, pining, wistful, envious, jealous,